



## Quarter 1, 2017 Week 3 Summary

Dear Students and Families:

This week we continued our topic on relationships by reviewing last week's Friendship discussion then talking about types of relationships: acquaintances; community helpers; personal helpers; friends; and girl/boy friends. We discussed "crushes" and "dates." We talked about considerations to determine readiness for dating and completed a Dating Readiness Quiz. I asked the students to review the quiz with parents or caregivers. In addition, the students participated in a discussion about activities in which they can participate with friends or a date. They received handouts with ideas for conversation starters to use while out with friends or on a date and "The Ingredients of a Healthy Relationship."

\*I sent home photo releases with the students. If you approve of having photos taken of your son or daughter participating in classroom and community activities, please return the signed form to me.

\*\*Next week we will focus on personal safety and boundaries with a guest presentation by the CC Safety Officer who will cover safety and awareness, assertiveness and basic self-defense.

\*\*\*Planning ahead: October 18th (During class time) we will have a pizza party to celebrate the completion of our first quarter. RMDSA will cover the cost of the pizza and drinks. I have dietary information on each student but if there are additional specific dietary needs, please let me know by October 11th. I will order gluten free pizzas along with regular crust pizzas. I have Celiac Disease so I am very aware of gluten dangers and the significance of cross contamination.

Also, on Saturday, October 25th at 6:07 PM the students have the opportunity to join CC students at the World Arena for a CC Hockey Game! The cost of a ticket is \$10 per student but RMDSA will cover \$5 for each ticket! We will meet at the entrance of the World Arena and sit together in the CC Student section. I will provide more specific details as the time approaches but wanted to get this event on your calendars.