



Curriculum and Calendar – [2019-2020]

Special Dates:

***Holiday Potluck: December 18, 2019**

***End of the Year Celebration: May 13, 2019**

Quarter 1: August 28 - October 16

Theme: My Healthy and Fit Lifestyle- Part Two

Topics covered: I-Pad basics, follow up on summer fun activities and visions boards, special guest fitness instructor, student-led fitness/nutrition activities, creating long term healthy goals and lifestyles.

Registration and payment due to RMDSA office staff by: **September 13th**

Quarter 2: October 23 - December 18

Theme: Social Savvy Boundaries

Topics covered: I-Pad basics, social skills with friends / acquaintances / individuals in the community, social etiquette for varying settings and situations, building confidence in stating needs / preferences.

Registration and payment due to RMDSA office staff by: **November 1st**

Quarter 3: January 22 - March 11

Theme: TBA

Topics covered: **TBA in collaboration with HVE@CSU and HVE@DU**

Registration and payment due to RMDSA office staff by: **February 7th**

Quarter 4: March 25 - May 13

Theme: TBA

Topics covered: **TBA in collaboration with HVE@CSU and HVE@DU**

Registration and payment due to RMDSA office staff by: **April 3rd**